Feeling safe is important and home is where we feel most at ease. Companion Home Care provide assistance to seniors, families and people with disability to enable them to remain comfortable and secure in their own home whilst receiving quality care and companionship.

Our companions believe that care is not only about attending to the physical and domestic needs but to also foster supportive and caring relationships. Every person is unique and important and at Companion we tailor our support to provide services that meet the needs of the individual.

Our dedicated team provide assistance to people who need support to remain living in their community. We aim to enable people to enjoy their day to day lives whilst retaining their independence All of our companions come to us with relevant experience and knowledge and a desire to enrich the lives of others. Our companions are thoroughly screened and trained.

Companion's CEO, Gaye Dadd is hands on with clients and ensures high quality services to our valued customers. Our team value the relationships made with families and individuals and work tirelessly to respect the wishes of the people we are supporting.

All our companions have:

- A valid police clearance
- Certificate III or IV in Aged Care of Home and Community Care
- Senior first aid training
- Driver's license and car insurance
- Working with Children Check (where applicable)
- Worker's compensation insurance.
- Our caring companions are available to help at short notice, 24 hours a day, 7 days a week.





Contact Companion and let us be there to care.

Care Coordinator

Phone: (08) **9315 4427** Fax: (08) **9315 2244**

Email: info@companioncare.com.au
Website: www.companioncare.com.au





General Care Information

SERVICES

Aged Care

Demonstrating respect and listening we adapt to the requirements and concerns of both personal and medical needs of each client. We promote positive and encouraging support for each client in their day to day home life to ensure quality care, consistency and support for your loved one. This provides peace of mind for you and your family.



- Light housekeeping
- Meal preparation
- Medication reminders
- Shopping and errands
- Companionship and outings
- Transportation
- Overnight care (12 or 24 hrs)
- Showering and personal care

- Mobility assistance
- Alzheimer's and dementia care
- Diet and exercise monitoring
- Daily "TLC" support calls
- Garden and pet care
- Respite care for families



After Hospital Care

At Companion we understand that a hospital stay, even an expected one takes organisation. Who will look after the needs of the family, cook, shop or do the household chores? If convalescing at home after a hospital stay, there may be a need for further home and nursing care to aid a full recovery. The devoted team at Companion offer the following services to help.

Household Care: -

• Cleaning, ironing, meal preparation, shopping, errands, child care

Personal Care:-

- Assistance with Rehabilitation Plan
- Assessment of home's suitability and safety for the well being of the recovering person
- Nursing Care
- Assistance with showering and personal care
- Transport
- 12 or 24 hour care



Nursing Care

Recognising the needs of the individual and the community is the ethos behind all of Companion's services. With a growing need for in home nursing care for loved ones who have special needs, are terminally ill, aged or in need of post operative care, Companion offers a complete nursing and home care service, personalised to the individual's requirements.

Carefully selected and trained, our nursing staff are there to complement existing medical support services and endeavour to be a close and reassuring constant in our clients' lives.

Household Care

The combination of a busy family and work life often leaves us wondering how to find balance. When juggling family needs, work commitments, household chores and life in general, it's important to have a helping hand when you need it. Companion provides services designed to ease the burden and

allow families to enjoy their time together without unnecessary stress. With the help of a dedicated companion, matched to your family situation, we can help you restore the balance to your family life.

We offer a range of options to assist with your daily tasks, however, if you don't see the service listed that you require, please let us know and we can discuss your individual needs.

- Cleaning
- Washing
- Ironing
- Errands

- Cooking
- Pet walking
- Out of school child care and transport

Choosing Companion for Care

Companion is different from other home care providers as we aim to provide the support when you want and need it. We consult with you about suitable times for your support and provide you with a roster so you know who and when our companions are coming.

Continuity of support is important to us. We endeavour to roster the same companions to support you wherever possible. Our companions get to know you and we regularly review and monitor your progress. Your care plan can be updated to suit your needs at any time.

Care Coordinator

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